



**Greeting to all of you from the
National Sports Development Association ®**

NATIONAL
OLYMPIAD
OF PHYSICAL EDUCATION AND SPORTS SCIENCE

29TH AUGUST 2026

ON THE OCCASION OF
NATIONAL
SPORTS DAY



CATEGORY FOR PARTICIPATIONS

- SUB-JUNIOR: FOR 1ST - 5TH CLASS
- JUNIOR: FOR 6TH - 8TH CLASS
- SENIOR: FOR 9TH - 12TH CLASS
- UG/PG/PH.D./FACULTY MEMBER

PATTERN OF EXAMINATION

- OBJECTIVE TYPE: EXAMINATION COMPRISES 100 MULTIPLE CHOICE QUESTIONS.
- HISTORY OF INDIAN SPORTS, TRADITIONAL SPORTS, GAMES, YOGA, ETC.
- FITNESS TOPICS WITH SPECIAL EMPHASIS ON INDIAN TRADITIONAL FITNESS METHODS.
- OLYMPICS, COMMONWEALTH GAMES, ASIAN GAMES, KHELO INDIA GAMES, AND OTHER POPULAR SPORTS/GAMES.
- PHYSICAL EDUCATION
- HEALTH EDUCATION
- YOGA EDUCATION

AIMS AND OBJECTIVES

- TO PROMOTE PHYSICAL EDUCATION, HEALTH EDUCATION, AND SPORTS SCIENCES KNOWLEDGE
- TO DEVELOP POSITIVE HEALTH-RELATED FITNESS HABITS WHICH CAN BE PRACTICED LIFELONG TO PREVENT DEGENERATIVE DISEASES AWARENESS
- TO DEVELOPMENT OF HEALTH INTREST AND ATTITUDE
- UNDERSTANDING HEALTH PROBLEM AND THEIR PREVENTION

MODE OF EXAMINATION

INTERNET-BASE TEST
(LAPTOP, MOBILE APP, DESKTOP)

ACADEMICIANS, STUDENTS ARE INVITED TO PARTICIPATE
IN THE NATIONAL OLYMPIAD OF PHYSICAL EDUCATION
AND SPORTS SCIENCES EXAMINATION - 2026

REGISTRATION DETAILS

REGISTRATION FEE - RS. 500.00 INR

LAST DATE OF REGISTRATION: 25TH AUGUST 2026

E-CERTIFICATE FOR ALL PARTICIPATION



**REWARDS AND CASH
PRIZES**

FOR REGISTRATION, VISIT:

WWW.NATIONALSPO RTS.CO.IN

FOR MORE INFORMATION, CONTACT US:

EXAMINATION UNIT,

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